



Winter Bucket List



The snow is flying and winter is here! Here are some suggestions to help you be active while enjoying our chilliest season!

1. Build snowmen or snow animals. This is a great way to develop strength and display your creativity.

2. Make snow angels in fresh snow.



3. Try skiing, snowshoeing, skating or sledding. Make sure you wear a helmet for sliding sports!



4. Grab a spray bottle, add some water and food colouring and you have snow paint!

5. Footsteps – one person leads through fresh snow and everyone else has to walk only in their footprints.

6. Go for a winter walk in your neighborhood or at a local park. Take along some hot chocolate for extra fun. For more adventure, check out these blog posts for winter hike ideas:

<https://www.playoutsideguide.com/2020/01/best-winter-hikes-near-calgary/>

<https://www.calgaryschild.com/food-and-travel/travel/2100-hit-the-trails-with-these-10-family-friendly-winter-hikes>

7. Go on a winter scavenger hunt. Create your own, or use one from the internet. Here is an example from CBC Parents: <https://www.cbc.ca/parents/play/view/printable-winter-scavenger-hunt>

8. Build a simple bird feeder for your yard. Here is a link to 32 different ideas! <https://happyhooligans.ca/32-homemade-bird-feeders/>

9. Blow bubbles and watch them freeze.



10. Have a backyard fire in your fire pit. If you don't have one, you can reserve one in a City of Calgary park for free! <https://www.calgary.ca/csps/winter-city-calgary/winter-activities/winter-fire-pits/drop-in-and-bookable-fire-pits-community-parks.html>

11. Make snow ice cream. Here is a recipe: <https://happyhooligans.ca/3-ingredient-delicious-vanilla-snow-ice-cream/>

12. Help your parents shovel your sidewalk or driveway. Be a “snow angel” and see if a neighbor could use help shoveling!

13. Build a winter obstacle course.

14. Play in the snow! Have Fun!

